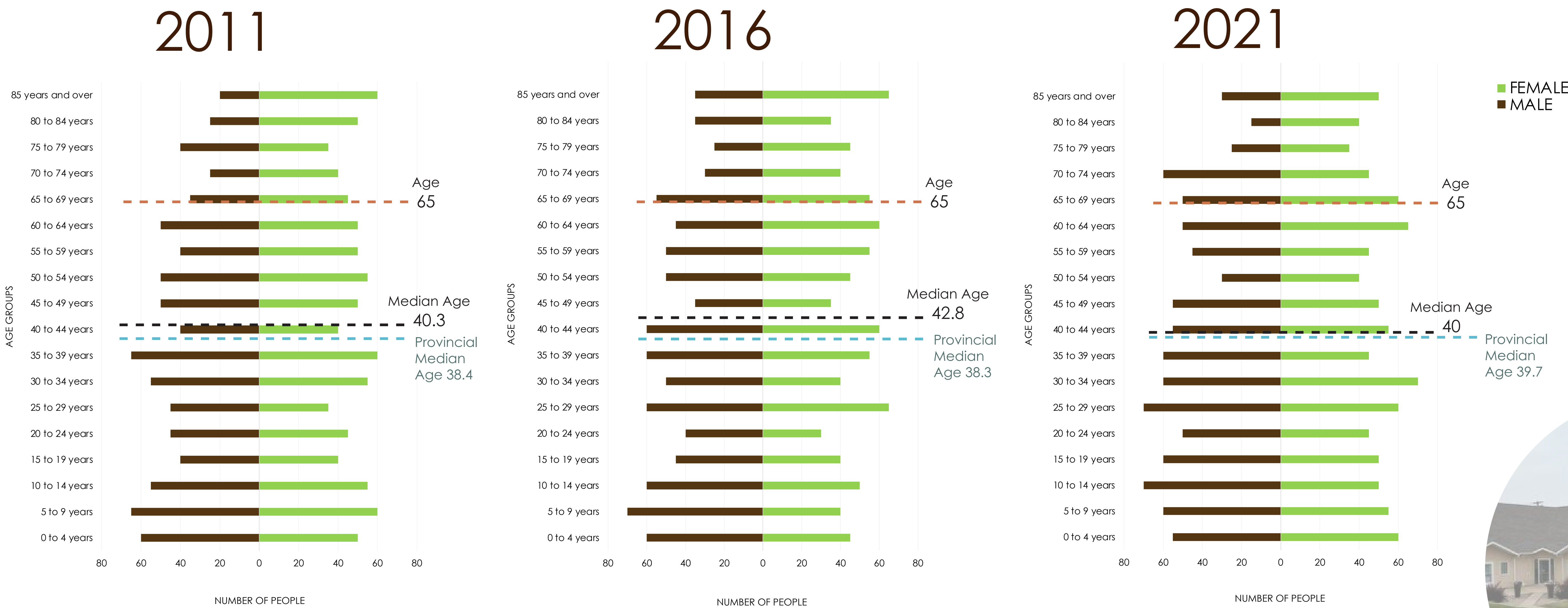


A BRIEF HISTORY

1

Age Distribution of Carberry



DEMOGRAPHICS OF CARBERRY

POPULATION

The population of Carberry has steadily been increasing by an average of 4.4% from 2011 to 2021. Census data by Statistics Canada, 2021, shows a population change of 4.1% from 2011 to 2016 and an increase of 4.6% from 2016 to 2021 compared to the provincial average population increase of 5.0% and national average of 5.2%. (Statistics Canada, 2021).

AGE DISTRIBUTION

As illustrated in the population pyramids above, the number of older adults ranging from 65 and above accounts for a significant portion of the population of Carberry, increasing the median age.

Also, data shows a decline in the population of older adults in Carberry from 24.1% in 2016 to 22.7% in 2021 (Statistics Canada 2016; 2021). Comparing this data with the Province of Manitoba shows a different scenario because, unlike Carberry, there was an increase from 15.6% in 2016 to 17.1% in 2021 for the province (Statistics Canada 2016; 2021).

In 2016, 24.1% of the population was 65+.

In 2021, 22.7% of the population was 65+.

Our Project

PHASES

PHASE 1

For our assignment as first year city planning students, we first came to Carberry and met with a group of eight seniors in September 2023. This meeting allowed us to gather preliminary information about what seniors liked and disliked about the town's services and built form.

PHASE 2

This next phase allowed us to build our ideas for what we hoped to see for the Town of Carberry. We combined the information we gathered at this first meeting, our own observations and did some research about what other small towns were doing to provide important services and amenities to seniors. After compiling all this information, we had two subsequent meetings with our focus group. The first was in October, and the last meeting was at the end of November. Together, we brainstormed ideas and were able to create options and suggestions for how to make Carberry more age-friendly.

PHASE 3

Our final suggestions for the town are presented here. This document is a combination of research, observations, and great ideas from the group of seniors and councillors who worked with us throughout phases one and two. The suggestions provided aim to help make Carberry a better place for seniors to age in place and remain independent while also ensuring that the town is a vibrant hub for the municipality.



Brainstorming different ideas with our focus group over coffee and Timbits.

GUIDING DOCUMENTS

GLOBAL AGE-FRIENDLY CITIES: A GUIDE

The World Health Organization developed this document to guide cities to promote and support active aging. The guide provides information on checklists needed to create an age-friendly city. These checklists include outdoor spaces and buildings, transportation, social participation, housing, respect and social inclusion, civic participation and employment, communication and information, community support and health services.

AGE-FRIENDLY RURAL AND REMOTE COMMUNITIES: A GUIDE

This document specifically focuses on rural Canadian communities, providing a framework for the support of age-friendly planning for seniors. It builds off the WHO's "Global Age-friendly Cities: A Guide" by emphasizing the specific needs of Canadian seniors. It provides checklists that focus on the improvement of many aspects of the ageing individual's life and well-being.

FOCUS AREAS

BUILDINGS & OUTDOOR SPACES

Access to quality indoor and outdoor areas can enhance physical well-being and foster social connections. Spaces should be built to be inclusive for all ages, abilities, and be safe for all people. Supports and universal design can help achieve this. There are many buildings that are built with no-step entries and ramps to facilitate movement for people with scooters or wheelchairs, but this should be consistent throughout the whole town. Sidewalk connectivity is important for maintaining physical health and independence and should be accessible for everyone.

HEALTH & HOUSING

Housing is essential for the safety and well-being of seniors. To encourage active ageing, there must be a variety of housing options, including assisted living, with designs that make accessibility easy. Access to health care is important for everyone but is of particular concern to seniors who may be visiting the doctor more frequently and at times need urgent care. Many rural towns do not have a resident doctor, but there are other medical facilities and systems that can help maintain access to doctors for residents.

TRANSPORTATION

Good transportation and infrastructure allow seniors to continue participation in social and recreational activities as well as complete daily tasks. Transportation options can vary from driving a personal vehicle, walking, cycling, or taking transit. Good public transportation not only helps residents get around, but also helps to bring people to Carberry to access services, see family and friends, and visit businesses and parks around the town.

SOCIAL ENGAGEMENT

Feelings of belonging and social inclusion are important factors for living healthy lives. Social participation fosters connectedness which prevents isolation and builds stronger communities. Carberry has many active participants within the seniors' group and there are a multitude of activities and trips planned weekly by the volunteers at Services for Seniors. To ensure the continued success of these programs, there are additional ways to make sure that those who are more isolated feel connected to the town and the community.



Carberry's Drop-In-Centre is where lots of gatherings and community meals occur.



Our second meeting with our focus group as well as members of council.



INVENTORY OF AMENITIES

LEGEND

- 55+ Housing
- Recreational Buildings
- Green Spaces
- Health Services
- Grocery Stores
- Restaurants
- Post Office
- Banks
- Hotel
- Gas Stations

○ 5 Minute Walking Distance



What We've Heard

ENGAGEMENT MEETINGS

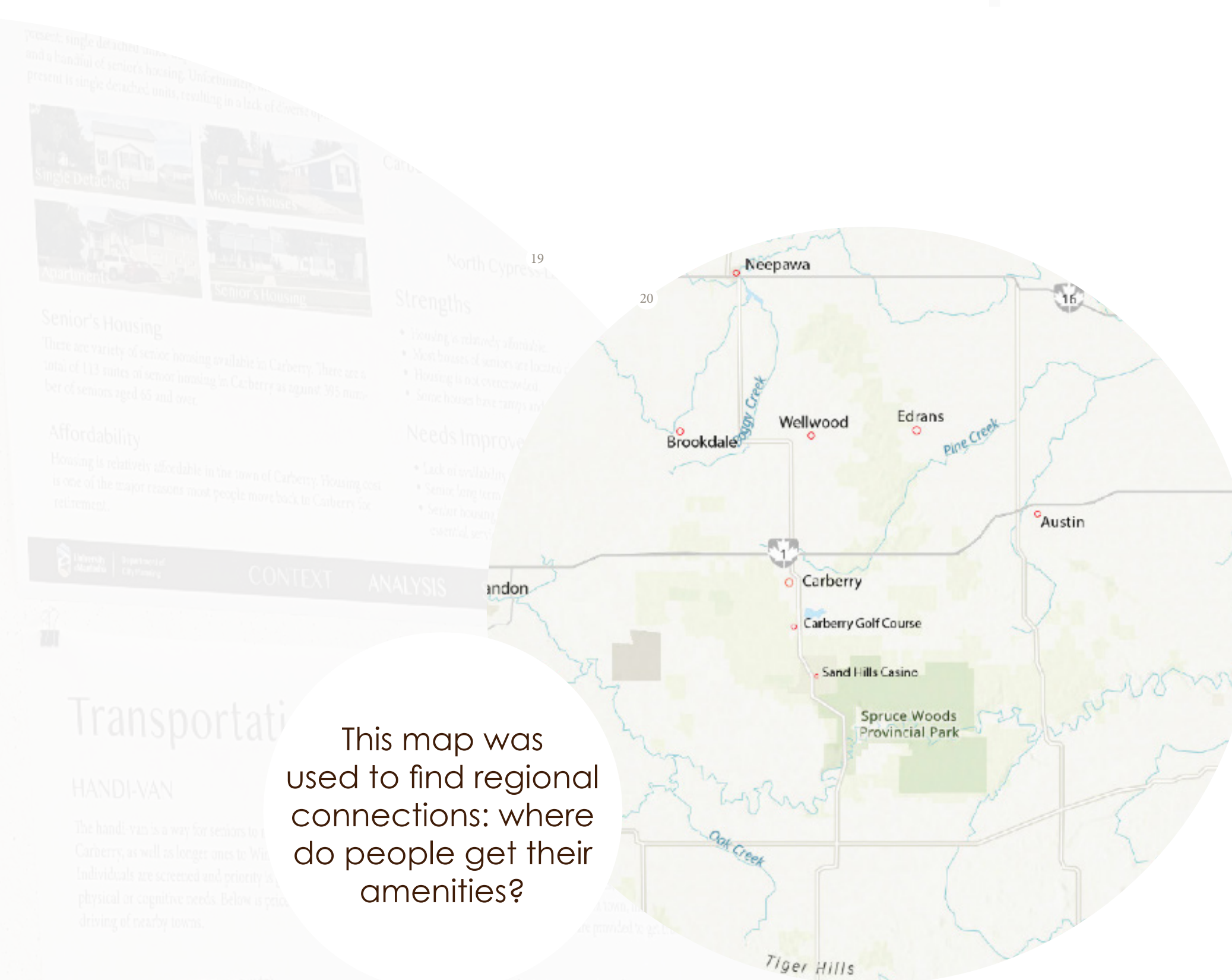
INITIAL MEETING

During our first meeting, we talked at length with our focus group about the lack of medical services in Carberry. This is deeply interconnected to other issues like transportation, which is also lacking in options for this community. Seniors told us about the closure of the assisted living centre, so people with more advanced needs are required to leave their home and move to Brandon, Neepawa, or Winnipeg to get the services they require. We heard about the loss of the local newspaper and that some seniors may feel isolated if they do not have family living nearby. We also heard the many strengths that Carberry has to offer. Many seniors told us how they moved back here for their retirement and they love how safe and connected they feel living here.

SUBSEQUENT MEETINGS

We returned to Carberry twice more to gather more information and workshop our ideas for how to improve upon the challenges facing the town. During these meetings, seniors told us where they travel to access services and which services they want to see in town. We spoke to members of council about how to increase the vibrancy of the town, both for the benefit of residents but also to attract tourism.

Carberry plays a big role in the Municipality of North Cypress-Langford.



SURVEY

COMMUNITY AGE-FRIENDLY PRIORITIES

In October 2009, researchers from the Centre on Aging and Community-University Research Alliance interviewed 15 people from Carberry to talk about age-friendly issues and priorities in their community. We adapted a few of the questions from this survey and asked both the seniors from our focus group and members of council.

NOTABLE RESULTS

When asked if sidewalks were connected and well-maintained, 16% of seniors said yes, while 50% of council responded yes. When asked if clear information about community events was readily available to seniors, 33% of seniors said yes, whereas 75% of council said yes. Both council and seniors agreed that medical services did not meet the needs of seniors in the community.



Carberry's downtown core (highlighted in red) hosts numerous recreational spaces.

BUILDINGS & OUTDOOR AMENITIES & VISION

LEGEND

- ▬ Downtown Core
- Recreational Buildings
- Future Rec Center
- Parks and Open Spaces
- Future Campground
- Suggested Sidewalk Shelters
- Churches
- Museums
- Schools
- Banks, Grocery, Restaurants
- Healthcare Centers
- Roads
- Sidewalks
- Primary Corridor



Buildings & Outdoor Spaces

OBSERVATIONS

SIDEWALKS

Seniors in our focus group talked about how they like to stay active and walk to stores and activities throughout town. Snow is cleared promptly off sidewalks and roads and many of the sidewalks are well maintained and free of cracks. There are a few areas of town that do not have sidewalks, such as along Wellwood Road, which would eventually lead up to the new recreation centre. Seniors also identified the sidewalks along 4th avenue as having no separation between the road and the pedestrian. The sidewalk along 2nd Avenue between Main Street and Ottawa St is in need of repair. This is a high traffic area for seniors, travelling from the Drop-In Centre to the Community Memorial Hall, and was identified as an area that was difficult to walk along. Along Main Street, there are a few crosswalks, however they are not well marked and do not have any sort of pedestrian controlled light.

ACCOMODATIONS

There is a lack of hotels or other accommodations for family and friends to stay when visiting Carberry. Many seniors who live in the 55+ housing do not have enough room in their apartments to accommodate guests, meaning at times visitors are required to stay in Brandon when visiting.

MAIN STREET

There are a few gaps along Main Street where buildings have either closed or been torn down, and there are only a few small parks downtown. There is ample parking, as well as accessible stalls along the street, and many of the buildings throughout town either have no-step entryways or have ramps for those with scooters or walkers. The Drop-In-Centre has a bathroom on the main floor, which is accessible to the public. Right beside the Drop-In-Centre is a small park with benches and a pergola which seniors told us is used often.

NOTABLE STRENGTHS

- Lots of green spaces throughout the town.
- Benches and seating areas provided in a few areas.
- Most buildings have accessible ramps and no-step entrances.
- Sidewalks are cleared promptly after snowfall.
- Drop-in Centre has an accessible public bathroom.
- Residents feel safe walking around the town.
- Grocery stores and pharmacy are close to seniors' living and also provide delivery.

NEEDS IMPROVEMENT

- Lack of clearly marked crosswalks along Main Street.
- Spaces on Main Street provide opportunity for new businesses or greenspaces that could enhance the built environment and promote vibrancy.
- Many gaps in sidewalk connectivity making it particularly difficult for individuals using walkers to get around.
- Lack of accommodations for tourists as well as friends and family coming to visit Carberry.

VISION: Buildings & Outdoor Spaces

MAIN STREET CORE

The downtown core has great potential to be pedestrian focused, user friendly, and promote Carberry's fascinating history through design that is both modern and quaint. Please see page 7 for detailed visuals of Main Street.

PEDESTRIAN FOCUSED

Including mid-block crossings on Main Street promotes easier access for people with movement disabilities. This reduces their distance to walk or roll to a curb cut out at the end of the block. Incorporating medians in small sections where crosswalks are results in the slowing of vehicle traffic, thus increasing safety. Ensuring that sidewalks and crossings are wide allows for better movement for those using scooters or wheelchairs near other pedestrians. Having clear signage with large font can provide direction to tourists and locals for wayfinding. Signage has great potential to promote Carberry's history through written

content and design features that are representative of Carberry's quaint character on Main Street.

BUMP OUTS

Adding bump outs on Main Street provides places for people to sit, relax, and linger on Main Street. This can be done in the short term by installing temporary patios at curb height that feature benches and greenery. Long term installation can include design features that can reduce storm water. Trees can play a big role in soaking up the storm water, as well as to provide shade.

TOURISM (see also page 13)

There are numerous potential sites for murals. Murals create a sense of place and can be a draw for tourism. Carberry's history can be presented in a visual way across downtown, weaving it into the pedestrian's experience.

MAKE IT VISITABLE

HOME AND BUILDING VISITABILITY

Buildings and houses should meet the accessibility needs of seniors to ease the process of ageing in place. Supports to make housing visitable include:

- Ramps (that can be existing or added later).
- Grab bars and non-slip flooring.
- Door handles that are levers, rather than doorknobs.
- Entrances that are wide and step-free to accommodate those using walkers, wheelchairs, or scooters.

CAMPGROUND

FOUR SEASON CABINS

Building a handful of small four-season cabins could provide numerous benefits for the campsite, promote tourism, and help locals connect with friends and relatives. The cabins should be designed for all four seasons in order to be used year-round. One feature that could be included is a small section of heated sidewalks to melt snow build up. This would make the sites more accessible for seniors and other people with mobility issues during winter. Additionally, the entrance to the cabins and interior design should be visitable and accessible, or in other words, barrier free for people with a walker or wheelchair. The cabins should also be connected by a paved path to the proposed

walking loop that runs along Wellwood Road. This would allow all campers to have easy access and be directed to different sites in Carberry, such as Main Street and Carberry's parks. Building the cabins will allow for people who live in smaller dwellings with limited space the opportunity to have friends or relatives visit them in their hometown. Furthermore, the cabins promote year-round accommodation for tourists who seek to visit Spruce Woods Provincial Park and other nearby tourism attractions.

SIDEWALKS

KEEPING CARBERRY CONNECTED

While there are many great sidewalks and paths in Carberry, there are a few main areas that could use some improvements. Residents enjoy walking along Wellwood Road, and this route will only become more popular with the development of the new Recreation Centre. Currently, Wellwood Road does not have any sidewalks or separation between the road and the pedestrian. Second Avenue, between Ottawa Street and Main Street is in need of repair as well as this route connects the Drop-In-Centre to the Carberry Community Hall. Additional outdoor seating and shelters should also be provided in other areas throughout town. The shelters currently in place are used often for gatherings and additional shelters would create more informal spaces for friends and family to hang out. See the map on page 14 for the proposed location of these shelters.

Four season cabins that are visitable and accessible make camping possible all year round.

Linking the campsite to the walking loops with accessible pavement provides connection to downtown and greenspaces.



Health & Housing OBSERVATIONS

HEALTH

From our engagements with older adults in the town of Carberry, one of the notable conversations that came up was the lack of doctors and the fact that the emergency room is currently not operational. Older adults must travel to either Brandon, Neepawa, or Winnipeg for their medical needs. However, available in the town of Carberry are two nurse practitioners and a telehealth system through which residents seek primary care.

HOUSING

Major observations concerning housing in Carberry are that there is the availability of diverse housing options to suit the needs of all residents in the town. With regards to senior housing, there are a variety of 55+ housing options

available in the town that are also close to essential services. There are 415 seniors aged 65 years and over, and 113 suites available for seniors 55+.

Another major observation was the non-functioning state of their current assisted living center. Through personal communication with our focus group, it was revealed that the assisted living center was too expensive and also had some deficiencies in its design (rooms being too small and only communal bathrooms).

HOUSING AFFORDABILITY

In the town of Carberry, 74% of households spend less than 30% of their income on shelter costs (Statistics Canada, 2021). This is therefore an indication that housing is relatively affordable in the town.

HEALTH & HOUSING AMENITIES & VISION

LEGEND

- 55+ Housing
- Healthcare Centers
- Suggested Walking Loops
- Suggested Sidewalk Shelters
- Roads
- Sidewalks



NOTABLE STRENGTHS

HEALTH

- One notable strength in the area of health services in Carberry is the use of telehealth services to facilitate remote consultations for older adults and residents.

HOUSING

- Some notable strength of housing in Carberry include:
 - Diversity in housing options.
 - Relatively affordable housing.
 - Most senior housing is located close to essential amenities and services.
 - Majority of senior housing and public spaces being accessible (designed with ramps and sloping walkways)

NEEDS IMPROVEMENT

HEALTH

- The issue of lack of doctors and non-running Emergency Department should be addressed.

HOUSING

- The monthly rental charges and associated expenses (meal provision) at the assisted living centre should be reduced to make it more affordable for seniors.
- The design of the assisted living center should be modified to the preference of older adults.

VISION: Health & Housing

ASSISTED LIVING

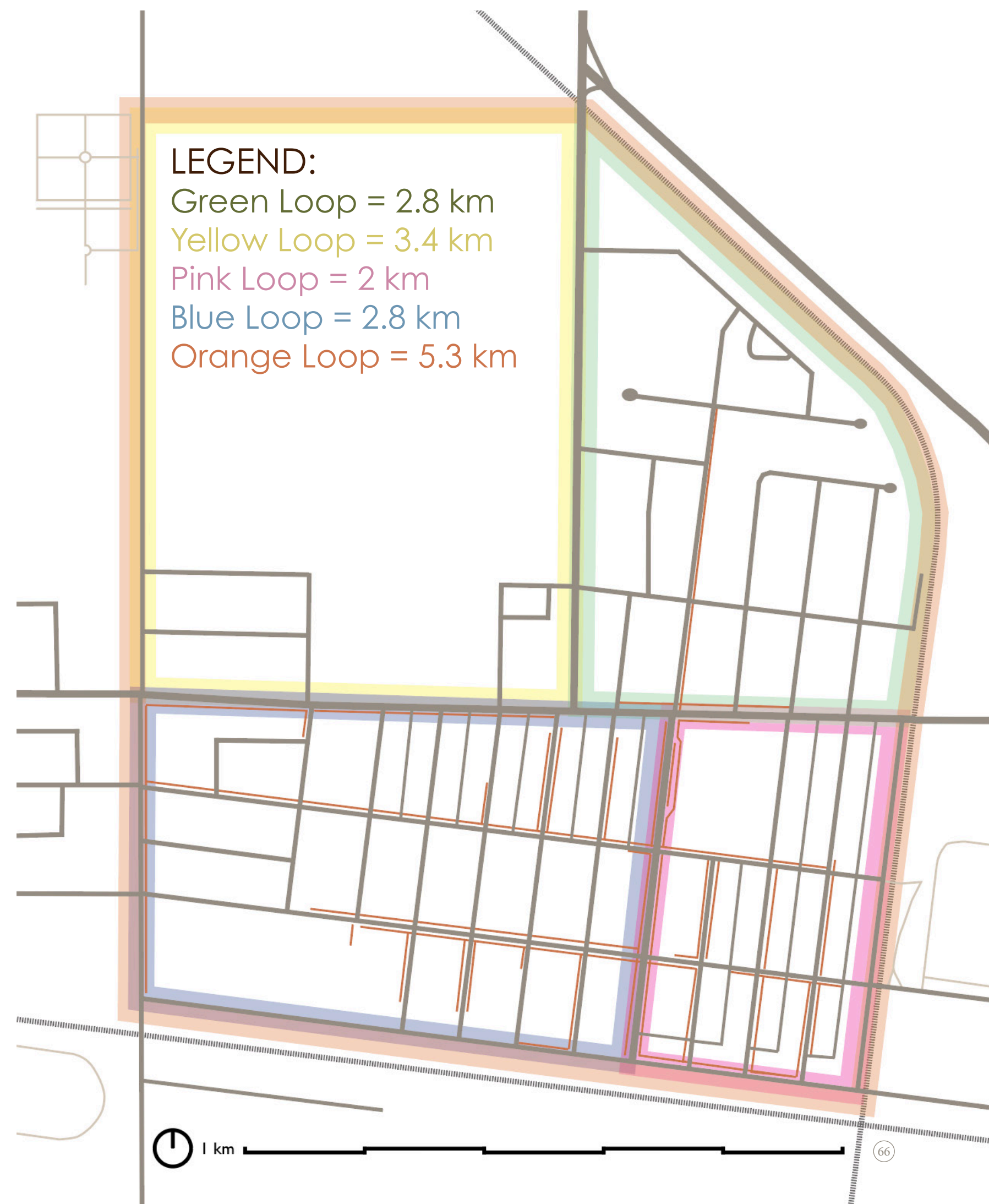
Assisted living centers provide personal and medical support to older adults while also maintaining their independence (SE Health, n.d.). It also promotes social participation and provides safety and security. Therefore, as a short- to long-term strategy for promoting housing diversity for older adults in Carberry, we suggest the development of an assisted living center or the remodification and subsidization of the already existing one.

MAKING IT AFFORDABLE

An assisted living center needs to be an affordable housing option for older adults. Thus, we suggest the exploration of prospective financial aid programs and partnerships with private developers to help make it affordable and accessible to the broader older adult demographic.



Guided walking loops promote wellness through physical activity and social connection.



MOBILE CLINIC

Mobile clinics are buses that have been designed specifically to serve as a fully operational primary care clinic (Prairie Mountain Health, 2023). These buses or trailers are usually equipped with medical equipment and other technologies that are standard in any other clinic. They may provide primary care services, which include regular checkups, lab services, immunizations and the treatment of minor diseases. Mobile clinics are cost-effective alternatives for enhancing and meeting the health needs of older adults and residents in Carberry. Such an initiative will also help eliminate transportation barriers faced by older adults in accessing health services.

WAYS TO ACHIEVE THIS

Carberry can work with other neighbouring communities and can collaborate with the Province of Manitoba to facilitate this process.

An example of a functioning mobile clinic which even features a wheelchair lift for access.



WELLNESS & WALKING LOOPS

Wellness includes taking good care of your body, mind and spirit as a whole and also involves fuelling one's body, stimulating the mind and nurturing the soul (Stoewn 2017). Wellness initiatives can be short-term strategies for promoting the physical, emotional and social well-being of older adults and residents in Carberry. Programs such as "Healthy, Safe and Strong" (Niagara Region, n.d) which encompasses various flexible activities that can help improve the balance and maintain strength of older adults can be adopted.

Apart from this, another way of promoting wellness is through the creation of walking loops. These designated pathways serve as an opportunity for older adults and other residents to engage in physical activities which have tremendous effects on the health of older adults. Walking loops promote consistency and can serve as a routine exercise for individuals. As they are designed with specific distances, people can track distances covered with each walk and also meet their walking targets. Additionally, walking loops also enhance social interactions as individuals often converge on these paths with the uniform aim of pursuing health and happiness.



Transportation OBSERVATIONS

DRIVING

Many seniors drive their personal vehicles around town and out of town for appointments, shopping and other amenities. There are designated parking spaces in Carberry outside of the grocery store, pharmacy, in front of the Drop-In-Centre and the bank. Snow is cleared promptly within town to make driving safer for seniors.

HANDI-VAN

The municipality of North Cypress-Langford has two handivans (a larger one for in town trips and a smaller one for out of town trips). The handivans are usually booked each day either with service for the residents of Carberry, or other surrounding areas. Trips within town cost \$8/ride while trips out to Brandon or Neepawa cost \$50. A trip from Carberry to Winnipeg costs \$200 on the handivan.

The handivan is driven by volunteer drivers and the trips are organized by Debra Steen from Service for Seniors, with a sign-up sheet at the drop-in centre. There are many basic amenities and services that are not available in Carberry, such as medical services, big box stores, and clothing stores. Therefore, these trips to Brandon and Neepawa fill up quickly. Seniors that do not want to pay for the handivan rely on family members living nearby to drive them to appointments, or friends who still drive their personal vehicles. The number of volunteer drivers has been decreasing recently, meaning that service may not be able to be as frequent and consistent as it has been in the past. The handivan is not open to all residents in Carberry, and those who wish to use the service must complete a screening process to be considered.

TRANSPORTATION AMENITIES & VISION

LEGEND

- Roads
- Suggested Bus Stop & Route
- Sidewalks
- Suggested Sidewalks



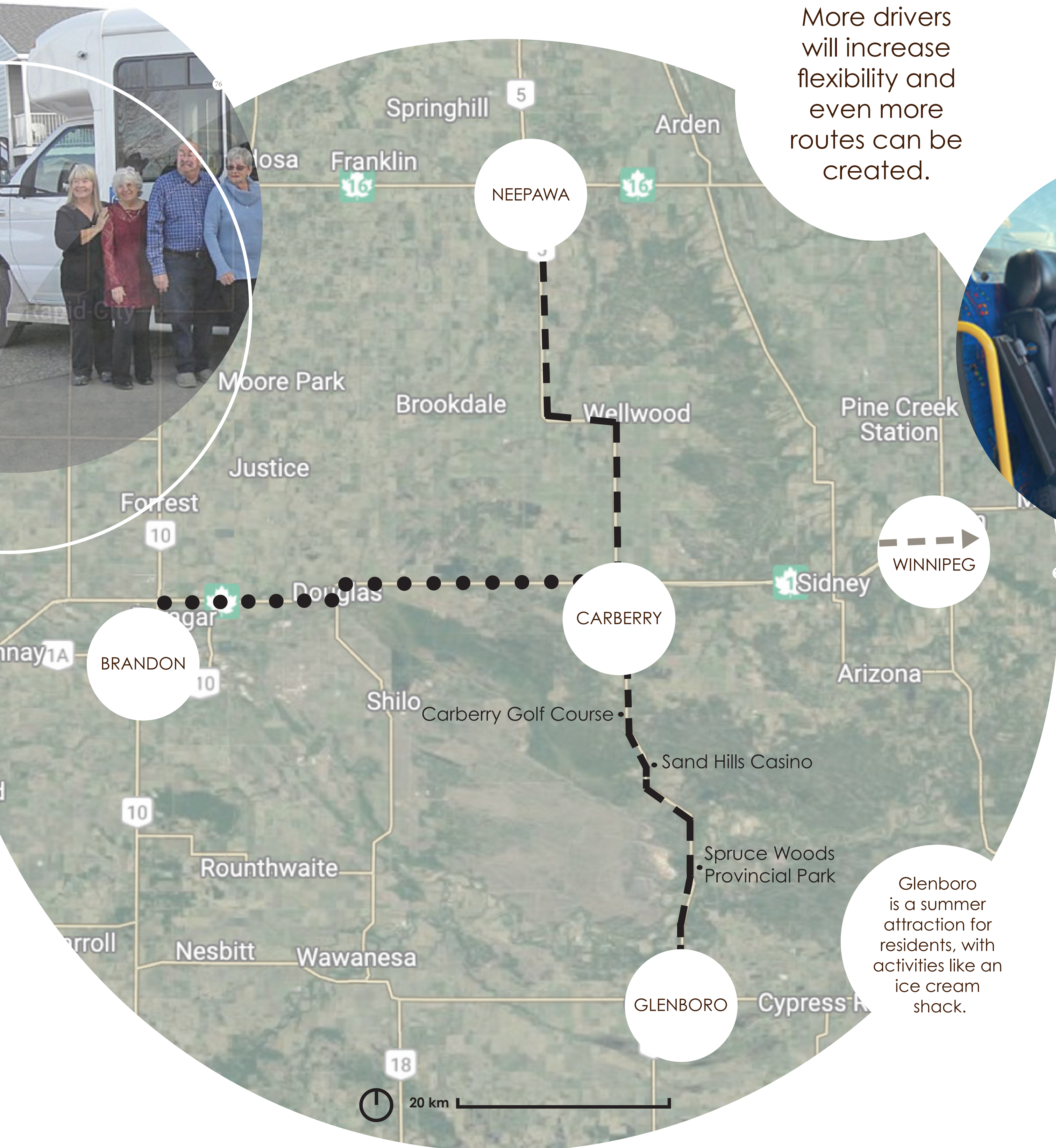
NOTABLE STRENGTHS

- There are two handivans that can drive seniors to appointments and to nearby towns for amenities.
- There are many accessible parking spaces in town for those who drive their own vehicles.
- Within town, there are slow speed limits, increasing safety.

NEEDS IMPROVEMENT

- Trips outside of Carberry are unaffordable, leaving many seniors reliant on family members to drive them.
- The handivan trips are not on a consistent schedule.
- Handivan is driven by volunteer drivers, however there are less people wanting to take on this position.
- There is no other form of public transportation, and the handivan is not open to all residents.

VISION: Transportation



More drivers will increase flexibility and even more routes can be created.



Glenboro is a summer attraction for residents, with activities like an ice cream shack.

BUS NETWORK

CARBERRY TO BRANDON SHUTTLE

Seniors living in Carberry must travel to Brandon frequently for medical appointments, to shop at big box stores and for entertainment. Our focus group identified this route as the most frequent one driven by the handivan. A shuttle running once a week would be able to take residents out to Brandon on a more consistent basis. The shuttle would be open to all residents in Carberry, not just seniors. Eventually this bus could offer service from Brandon to Winnipeg, with various stops along the way.

NEEPAWA TO GLENBORO

During the summer months, many residents travel just south of Carberry to the Carberry Golf Course, the Sand Hills Casino, and Spruce Woods Provincial Park. An additional bus travelling from Neepawa down to Glenboro would have multiple stops along the way (including in Carberry) to take other residents of the municipality to these entertainment spots.

FUNDING

LEARNING FROM OTHER RURAL TOWNS

There are a variety of ways that public transportation can be funded to be sustainable and affordable for residents. Colchester Transportation Cooperative Ltd. is an example from Atlantic Canada of a co-op model of funding (Levesque, 2022). While some funds still come from donations and government grants, other revenue comes from member fees. Co-operatives are community run, with their board of directors being comprised of residents of the municipality. This allows the revenue and the decision making power to stay within the community.

INTER-MUNICIPAL BUS NETWORK

A longer-term solution for the region is a comprehensive bus network serving multiple rural municipalities around Carberry. The town of Bancroft, Ontario, has a bus service called the TROUT which operates with both fixed routes as well as door-to-door and individualized service for residents (Keith & MacDonald, 2014). Bancroft also used to only provide transportation service to seniors via a dial-in handibus but expanded service to provide public transportation to all residents throughout the region.

In North-Cypress Langford, a hub and spoke model could be implemented, with Brandon as the hub and multiple routes extended out. Fixed routes between towns could be offered once per week, and other more popular routes being offered more frequently. Stops can be located in various smaller towns along these routes to bring people into town in the morning, and back home in the afternoon.



From BBQs to the fair, Carberry has a lot of social activities, but social barriers still exist.

Social Engagement OBSERVATIONS

SERVICE FOR SENIORS
The Town of Carberry runs the program Service for Seniors that functions out of the Drop-In-Centre. This service is a great opportunity for seniors to connect with their community through group meals, programs, and games like cards and shuffleboard. The program is currently run by Debra Steen who is well loved by the community and organizes the handivan service as well. This means that there is a strong connection between Service for Seniors and the handivan's operations.

SOCIAL SPACES
The Drop-In-Centre is a welcoming space for visitors to engage in community activities. It is located on Main Street, and is near the public library, the local Royal Canadian Legion, and two of the town's churches. There are six churches in Carberry, which have opportunities for volunteering and connecting. In addition to buildings, there are numerous outdoor spaces for connecting, such as

the fairgrounds and Art Sear Park. However, there are only a few places right on Main Street that provide seating. The ones that do exist are tucked beside buildings. There is great opportunity on Main Street to promote social spaces for people to linger downtown, increasing social vibrancy.

VOLUNTEER OPPORTUNITIES
Through our discussion, we noted that volunteer opportunities were certainly available for people in Carberry. This includes getting connected with the Drop-In-Centre and local churches, and even a pen-pal program with the town's elementary school.

EVENTS
We heard about many events, most of which happen in summer. These include town barbeques, the annual fair, and special events for seniors. Those that we chatted with spoke quite highly of these events, and we sensed a strong welcoming presence of community.

SOCIAL AMENITIES & VISION



NOTABLE STRENGTHS

- There is a strong and lively ageing community present.
- Carberry Plain Service for Seniors has proven successful in leading community events and improving the physical environment through government grants.
- There are adequate spaces to accommodate events.

NEEDS IMPROVEMENT

- There are still individuals in Carberry and the municipality who are isolated or unaware of social amenities available.
- The loss of the Carberry News Express results in a lack of available information about community events.
- There is a lack of spots outside that create a sense of place for residents and tourists to hang out on Main Street.

VISION: Social Engagement



The digital divide results in many people having limited access to important information.



ADVANCING TECHNOLOGY

Technology proves to be an aspect that has increased social isolation in various ways. There are ways that this gap between those who use technology and those who do not can be reduced. This gap is referred to as the digital divide (Hodge et al., 2017).

DIGITAL DIVIDE WORKSHOPS

Workshops can be organized for the purpose of teaching basic skills to older adults who are unfamiliar with using technology. This could include a multitude of skills, including adjusting phone settings, reading and responding to messages and emails, learning to use the camera and access photos, as well as teaching people how to search online. These skills may seem basic to some, but many people have not had opportunities to learn. Learning these skills is important because they help people feel integrated into their community (Mehra, Sikes, & Singh, 2020). People who do not have the ability to use the internet miss out on a wide variety of information (Mehra, Sikes, & Singh, 2020).

This means they have limited access to health and emergency information, global and local news, community events, and online connection with friends and family. Digital divide workshops could be led by members of the community, such as local teachers and high school students. This could turn the workshops into a multi-generational social event.

TEXT-BASED SUBSCRIPTION

The Town of Carberry currently runs a program called Connect Communication System, which is a service that provides updates on local news, events, weather, and emergencies (Town of Carberry, 2023). We suggest that the Town also includes a feature within this system that allows for people to opt for additional news and event updates for seniors in order to promote social inclusion and to optimize information sharing. This would benefit those who face barriers due to the loss of the local newspaper.

TOURISM

HERITAGE

Unique and picturesque buildings are located throughout the town. These character buildings are a tourist draw, and should continue to be promoted. One way that Carberry can continue doing this is by using interpretive signage to tell the stories of the builders and the history of Carberry. By including special icons on maps that display walking loops, people can identify where these buildings are located around town with ease. This can include components such as the Carberry Plains Museum, the Gingerbread House, locations of buildings that no longer exist, and a timeline of events that shaped the town from the beginning as the “Big Plain” up to the modern time (Malahar, 1987).

MAIN STREET

The suggestions for Main Street on pages 6 and 7 are not only beneficial for residents of the town, but also for tourism. With the inclusion of plenty of benches, shaded areas, and signage, the Town of Carberry can be a place that inspires people to stroll through the town, stop in at a shop or grab a bite to eat, and relax right on Main Street. Here

it is not the idea of the bench that is transformative, but rather the simple act of being able to sit that turns a space into a place for the people (Struthers, 2019). Comfortable areas to sit allow people to mingle, and helps to create a sense of belonging (Struthers, 2019). Everyone benefits from an opportunity to sit down and take in their surroundings.

TRANS CANADA TRAIL

The Carberry North Cypress Trail, a section of the Trans Canada Trail, runs north/south through the town along Road 84 West (Esri, 2023). This section of the trail overlaps with the suggested walking loops and is adjacent to the campground area. Following the trail south leads to Spruce Woods Provincial Park. We suggest that the Town of Carberry promotes the walking loops as an extension of the Trans Canada Trail to attract hikers, and to promote their campsite. Clear directional and interpretive signage should be included on this section of the walking loops to visualize the connection to Spruce Woods Provincial Park and the rest of the trail.

Tourism can be promoted across small to large scales, from a simple bench to an entire bus network.



BUILDINGS & OUTDOOR

HEALTH & HOUSING

TRANSPORTATION

TOWN OF CARBERRY VISION OVERVIEW

CITATIONS