

Age-friendly Portage la Prairie

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Timeline

- City Documentation
- Community Presentation
- Precedent Research
- Community Consultation
- Final Presentation: Our suggestions
- Final Report

History



History



Portage la Prairie Today



Portage la Prairie Today



Portage la Prairie Today



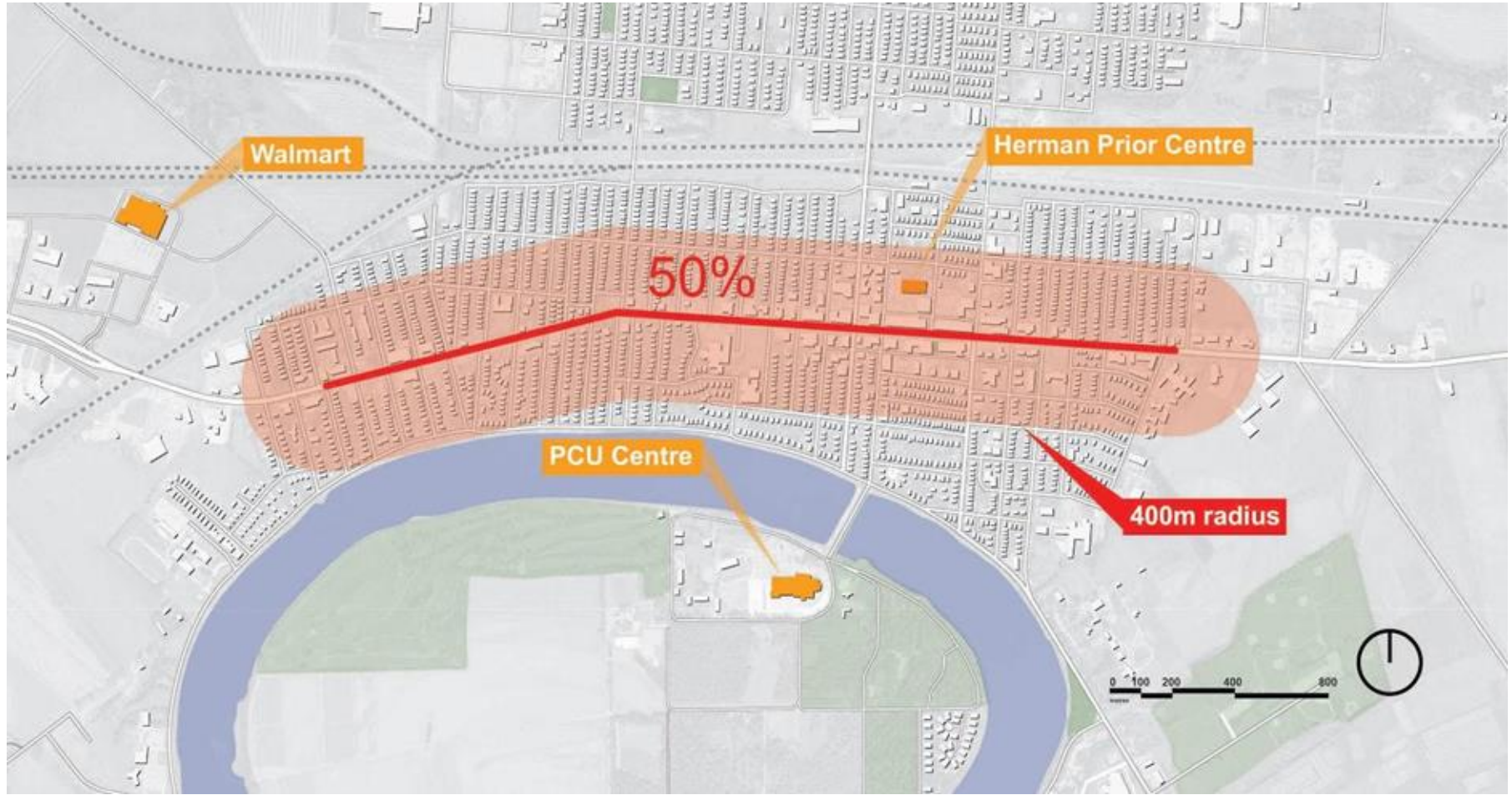
Portage la Prairie Today



Spatial Distribution of Senior Population



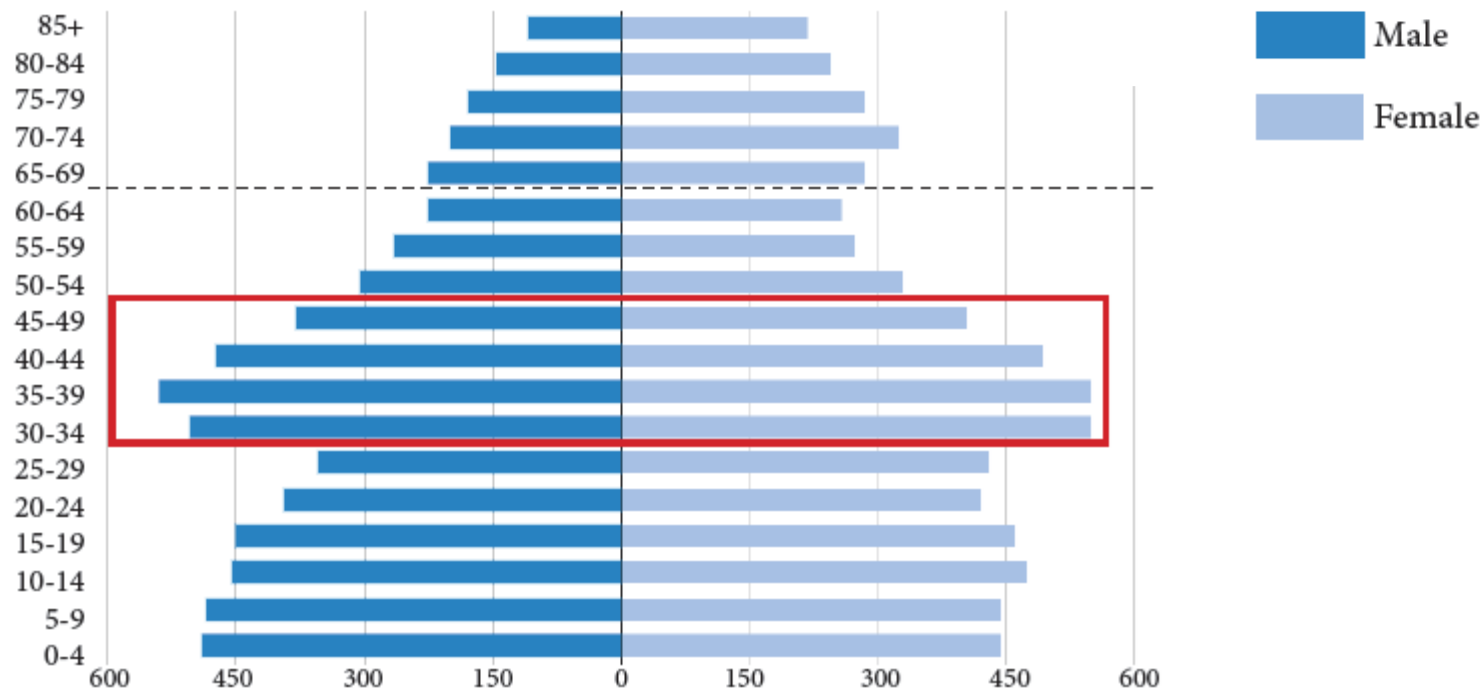
Spatial Distribution of Senior Population



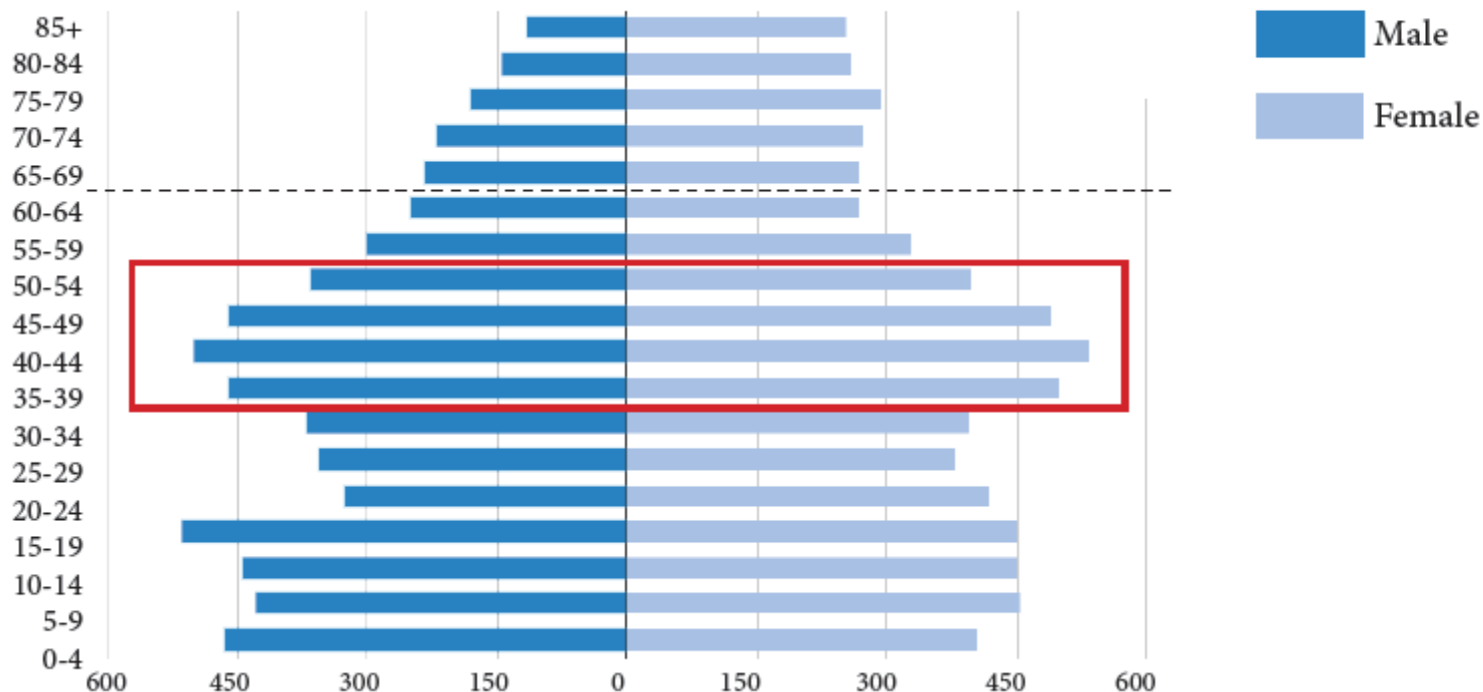
Portage Demographics (2011 Census)

- Total population: **12,996**
- Population aged 65 and over: **17%** of total population
(compared to 14% in Province of Manitoba)

Portage la Prairie Population, 1996



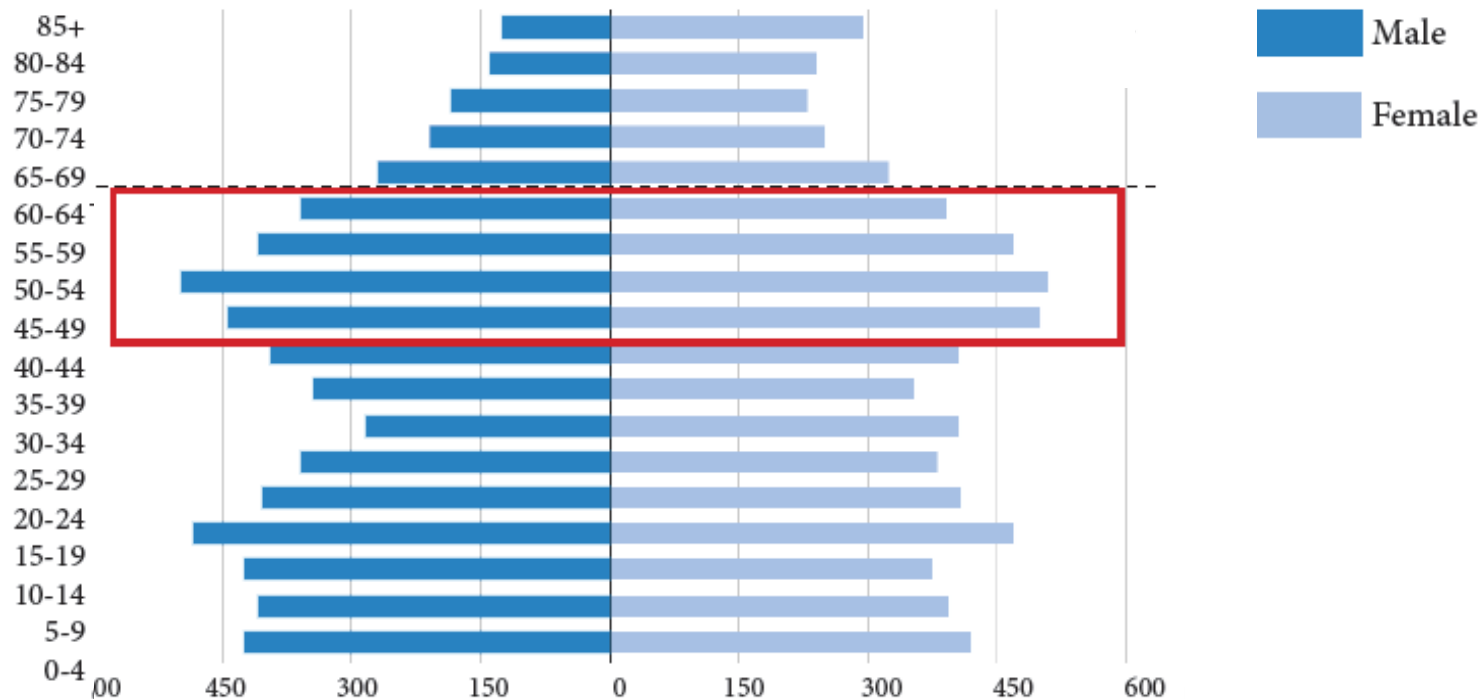
Portage la Prairie Population, 2001



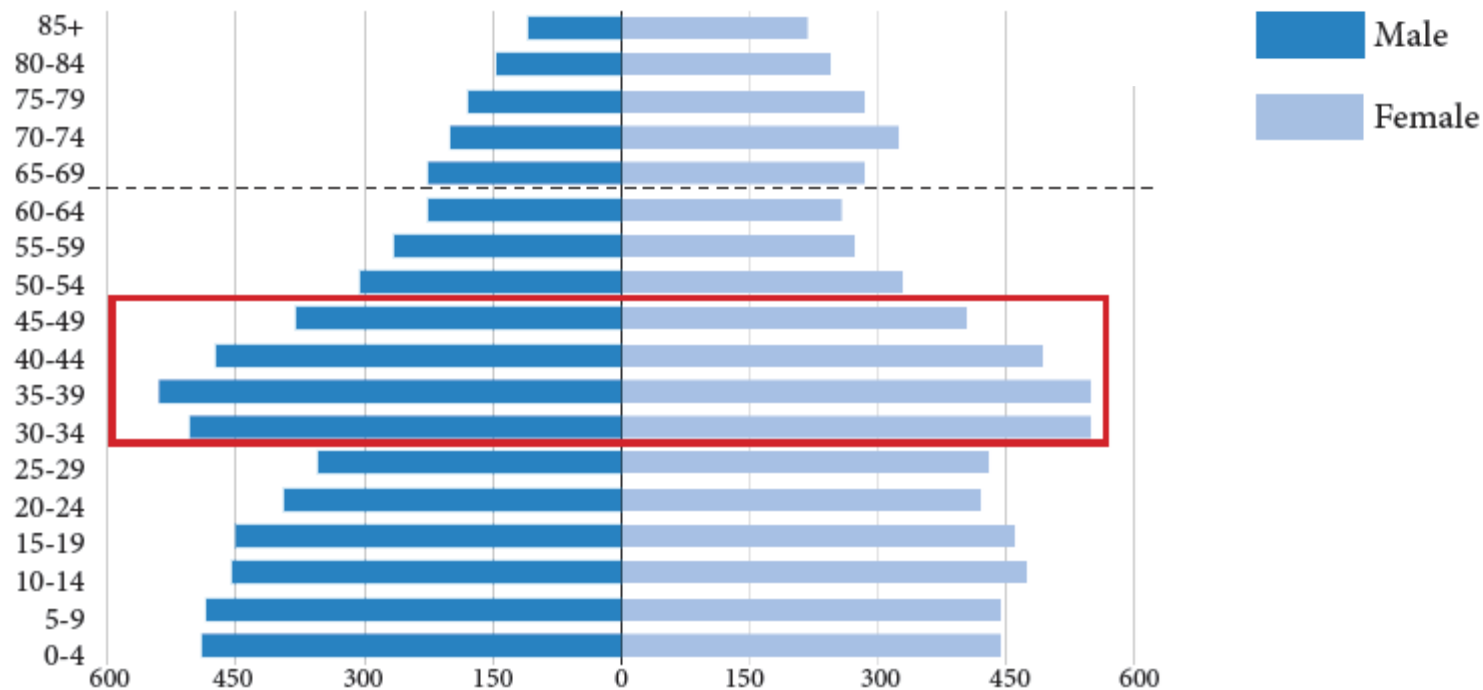
Portage la Prairie Population, 2006



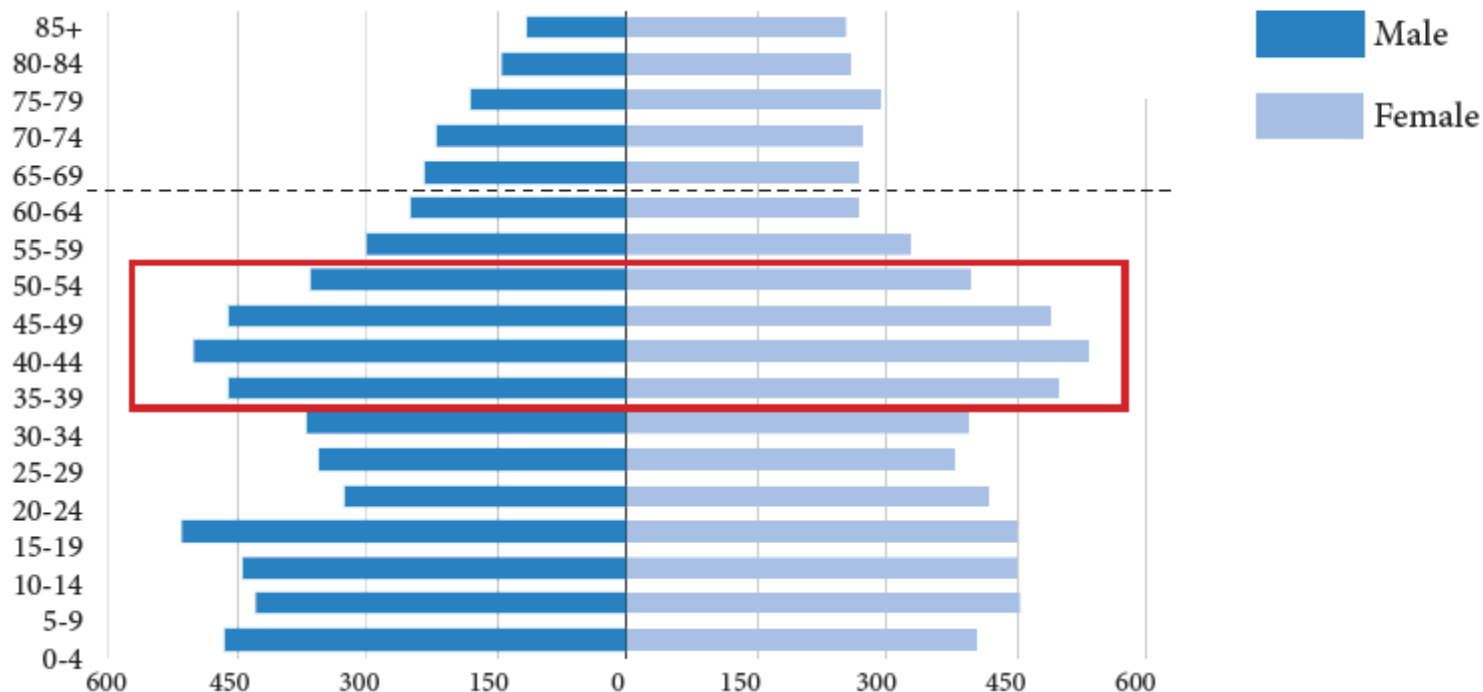
Portage la Prairie Population, 2011



Portage la Prairie Population, 1996



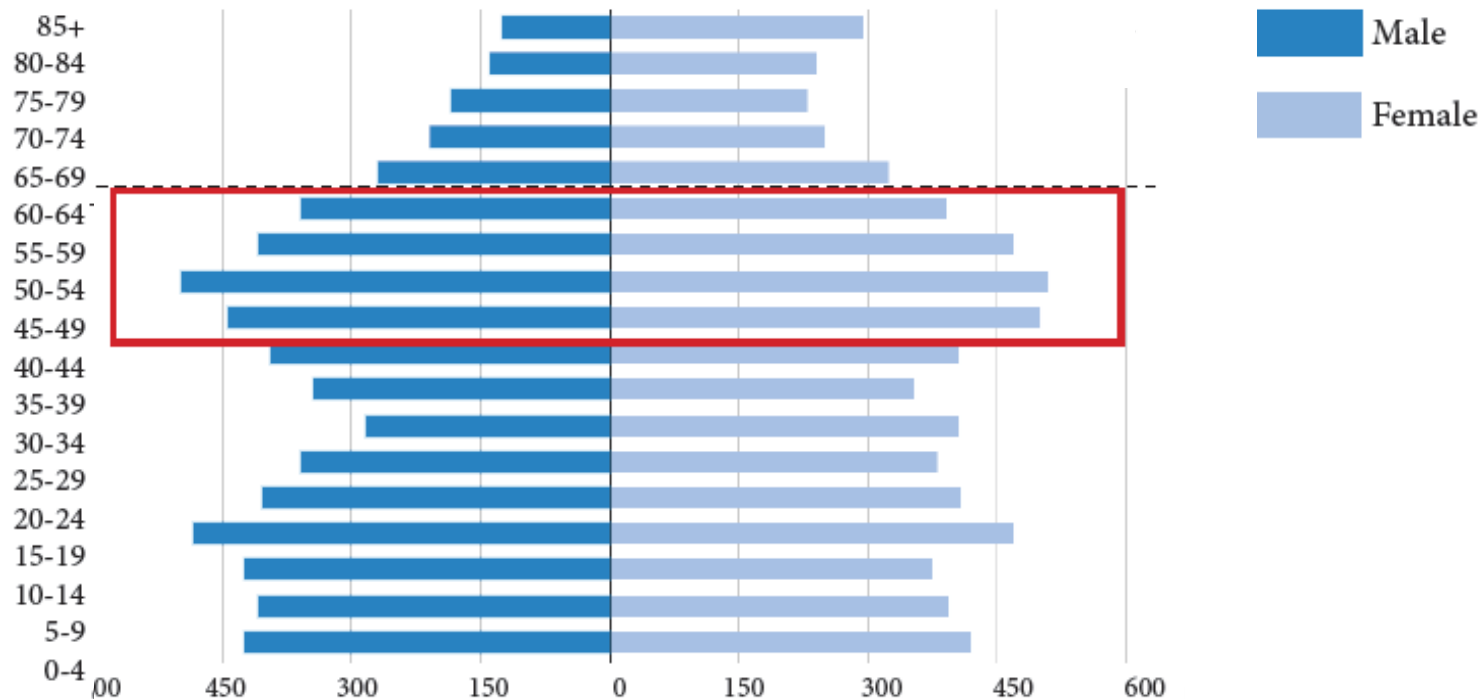
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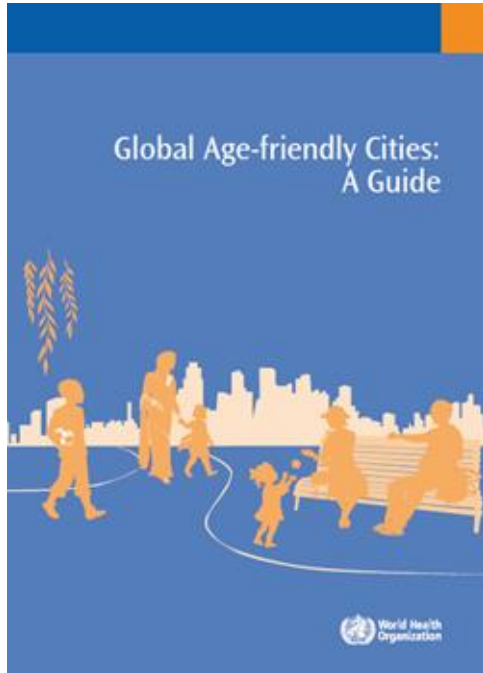
Portage la Prairie Population, 2006



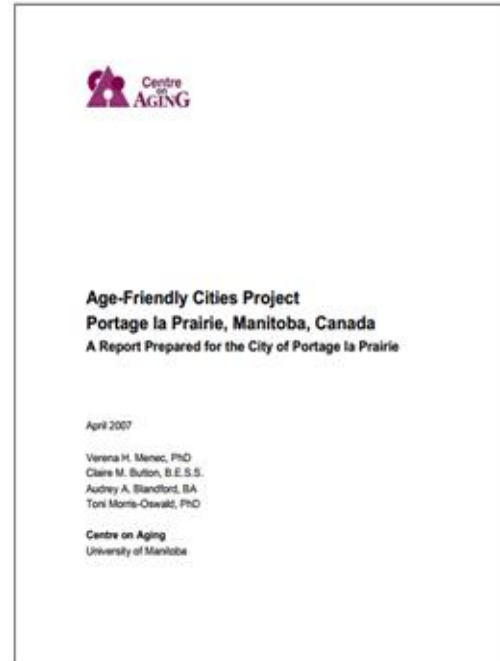
Portage la Prairie Population, 2011



Guiding Documents



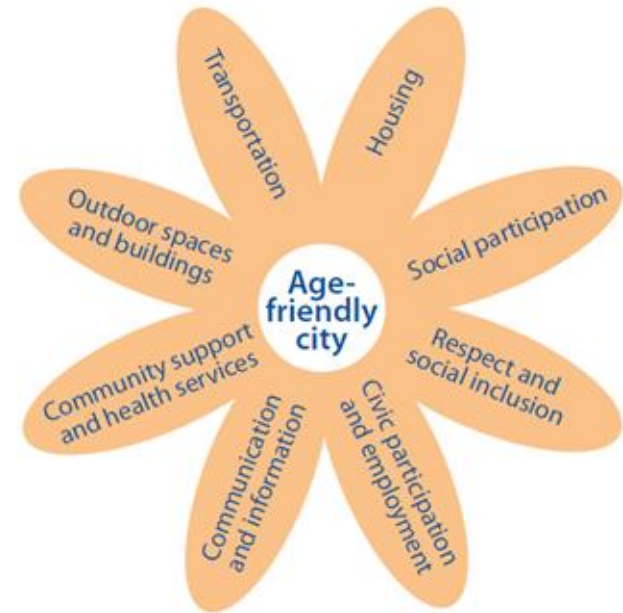
World Health Organization Global Age-friendly Cities: A Guide (2007)



Centre on Aging Age-friendly Cities Project: Portage la Prairie, MB. Can. (2007)

Age-Friendly Domains

- Social Participation
- Transportation
- Buildings and Open Spaces
- Housing



Age-Friendly Cities Project: Portage la Prairie, MB. Can. (2007)

- Losing one's social support system identified as a barrier
- Lack of transportation identified as a barrier to social participation
- Lack of flexibility of Handi-van and other transportation services
- Broken, or lack of sidewalks make it difficult to for pedestrians and those with disabilities to access
- Limited housing options to meet the diverse needs of seniors
- There is a need for more assisted living
- Location of new housing should be carefully considered

Social Infrastructure

Our Observations

- Wide range of opportunities:
 - Herman Prior Health Care and Support Groups
 - Herman Prior Senior Centre Meal Program
 - Island Park
 - Meals on Wheels Program
 - Portage Handi-Van
 - Portage Service for Seniors
 - PCU Centre
 - William Glebsy Centre



Transportation

Our Observations

- Transit options include:
 - Handi-van
 - Volunteer driver service
- Lack of affordable transportation options for people who do not drive
- Walking and cycling distances between many destinations within the city are manageable

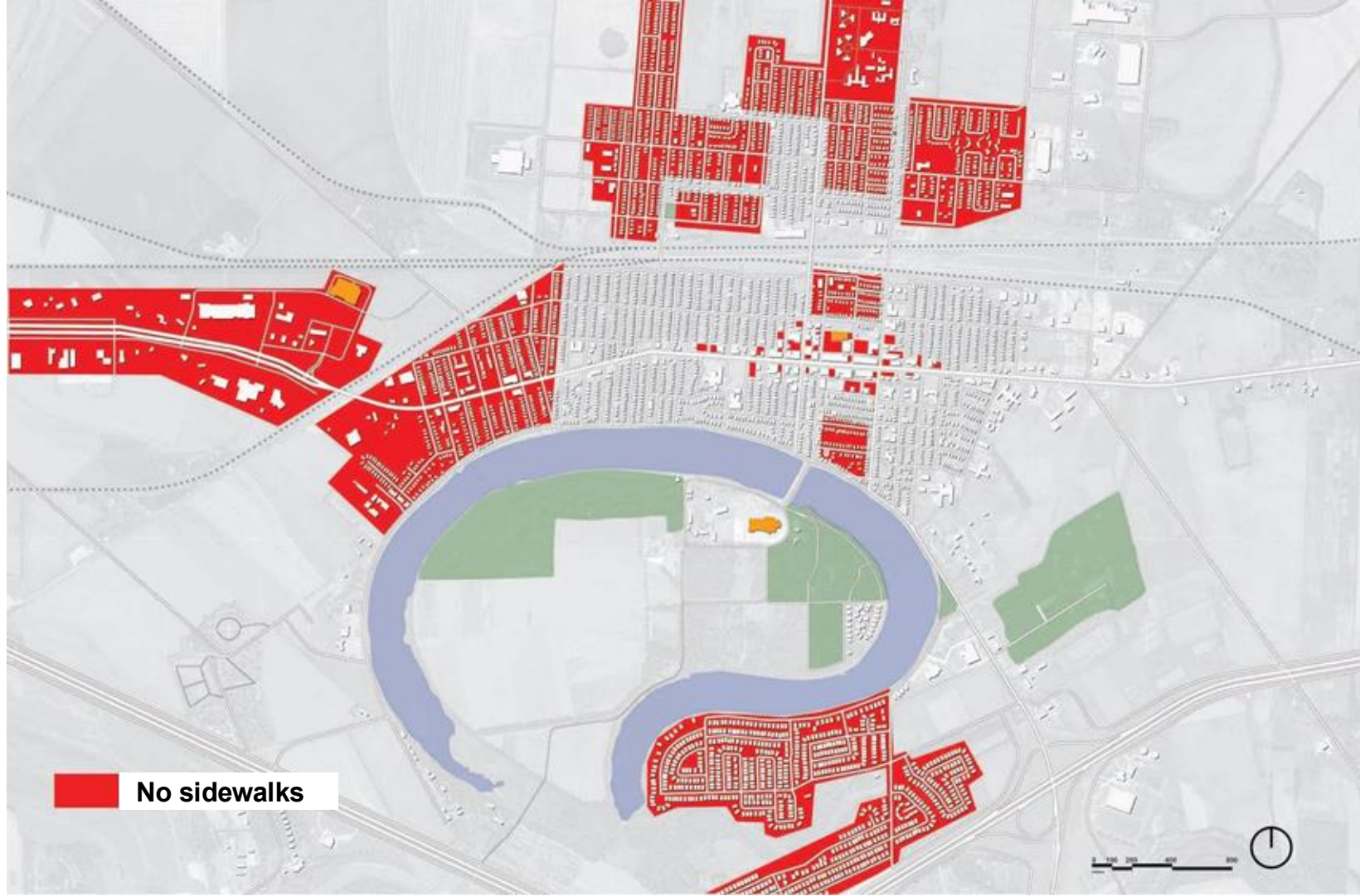


Buildings & Open Spaces

Our Observations

- Current stock and quality of sidewalks is inadequate
- A number of vacant buildings and empty lots of Saskatchewan Avenue
- Heritage Square is currently used as a parking lot, but is located in the heart of downtown Portage and has the potential to act as a civic space





No sidewalks

Buildings & Open Spaces

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- Heritage Square is currently used as a parking lot but is located in the heart of downtown Portage and has the potential to act as a civic space



Housing

Our Observations

- Since 2007, new units have been developed
- There is still a significant shortage
- Housing is clustered at the far eastern edge of the city







Community Consultation

- It is a challenge to get to social events for seniors who do not drive
- Concerns that no conventional public transit exists
- Walking is a form of active transportation used for both leisure and commuting
- Concerns over poor east/west and north/south connections
- Desire for more dedicated pedestrian routes
- Concern over the vacant lots on Saskatchewan Avenue
- Interest in cohousing, secondary suites, co-op housing, and intergenerational housing

Areas of Focus

Promoting Connectivity

- Public Transportation
- Active Transportation
- Inclusive Streetscaping

Re-imagination of the Downtown

- Saskatchewan Avenue
- Heritage Square
- Housing Integration

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Saskatchewan Avenue



Table Top Intersections and Bump Outs

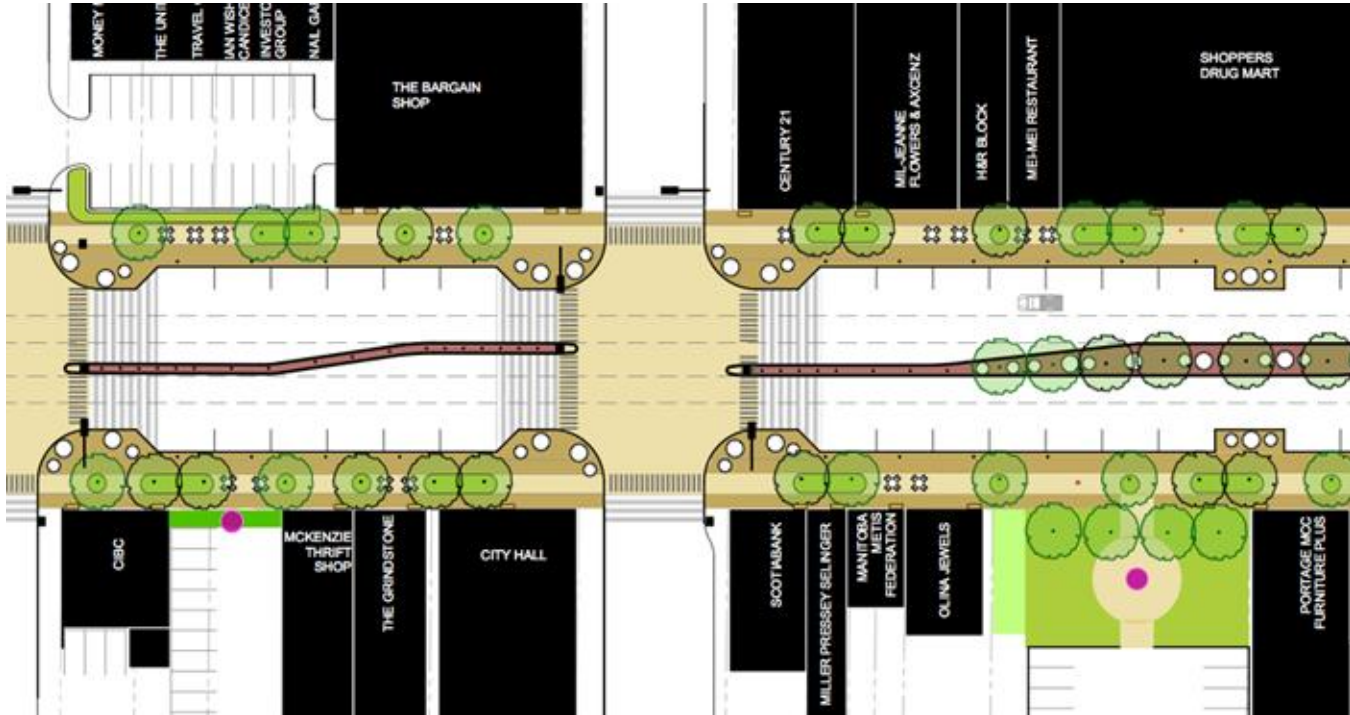


Image Source: HTFC Planning & Design and MMM Group Ltd.

Protected Bike Lanes

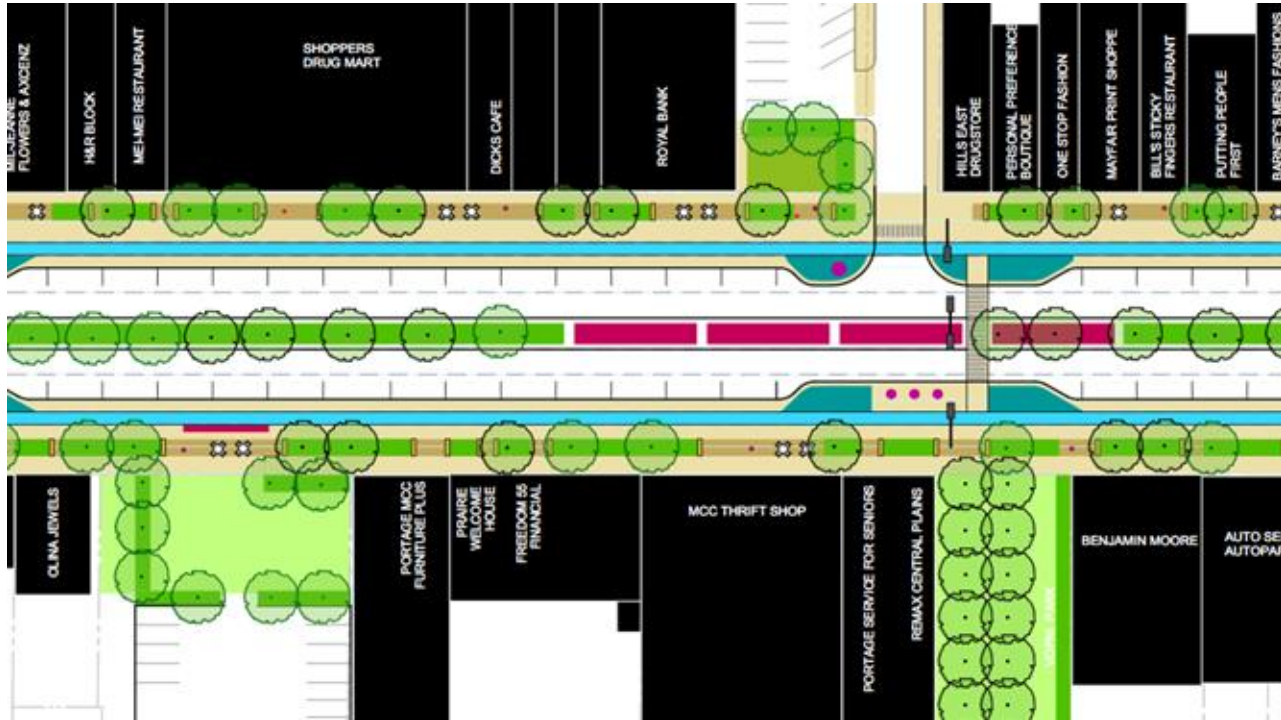


Image Source: HTFC Planning & Design and MMM Group Ltd.

Princess Avenue Greenways

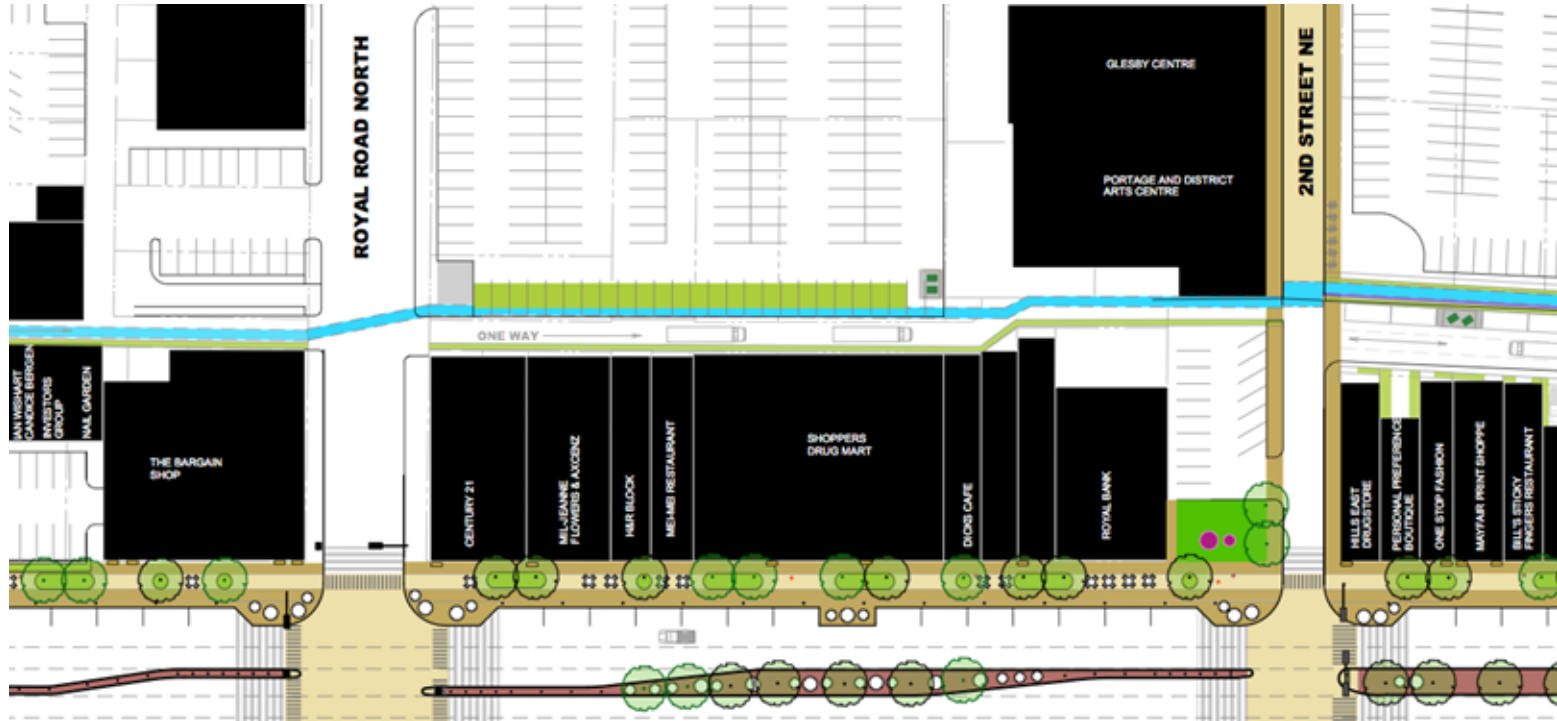


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Long-term Infill Possibilities



Long-term Infill Possibilities



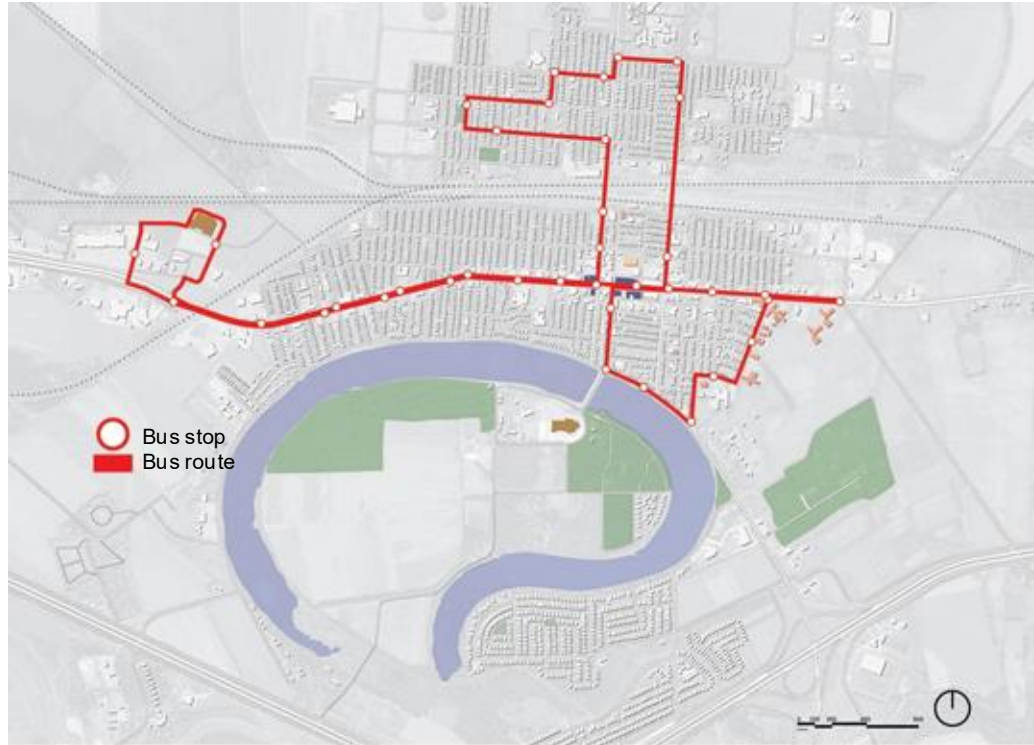
Areas of Focus: Public Transportation

- Conventional transit network
- Bus shelters
- Bus stop benches



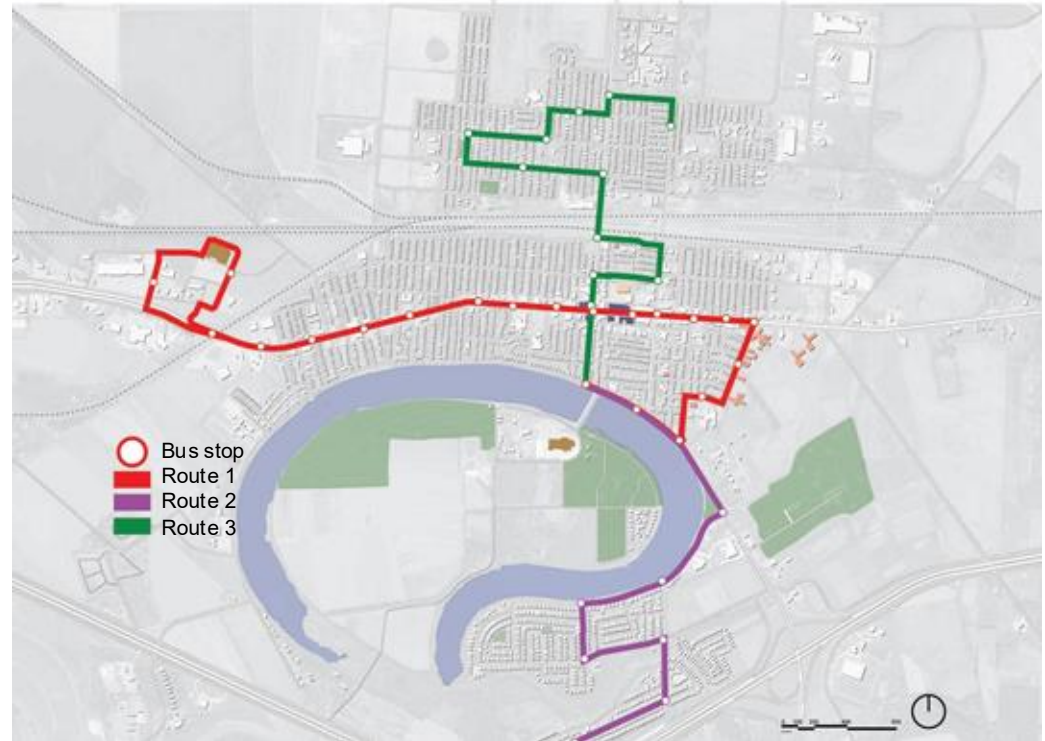
Proposed Bus Route: Phase I

- Single loop, single bus route
- Total length of 15 km
- Service frequency is once every 35 minutes
- 78% of residential areas within a 5 minute walk



Proposed Bus Routes: Phase II

- Three bus routes:
90% of residential areas
within 5 minute walk
- Route 1:
6.5km length
30min service frequency
- Route 2 and 3:
8.5km combined length
35-40 minute service
frequency

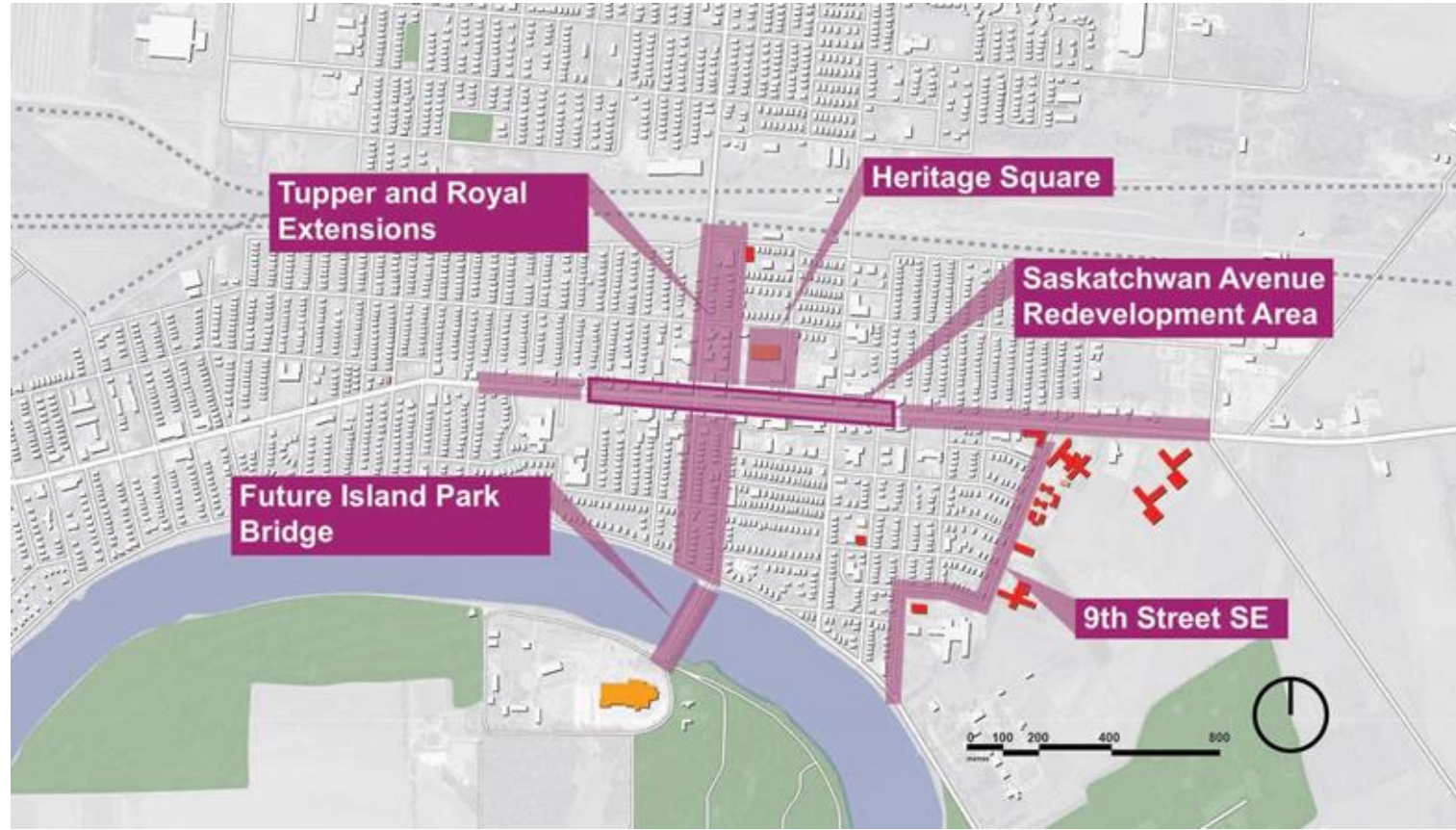


Areas of Focus: Public Transportation

- Enhanced taxi-pass program
- Transportation Reimbursement and Information Program (TRIP)



Areas of Focus: Inclusive Streetscaping



Streetscaping: Short-term

- Options for Seating
- Urban Landscaping
- Pedestrian Scale Lighting
- Tactile Wayfinding

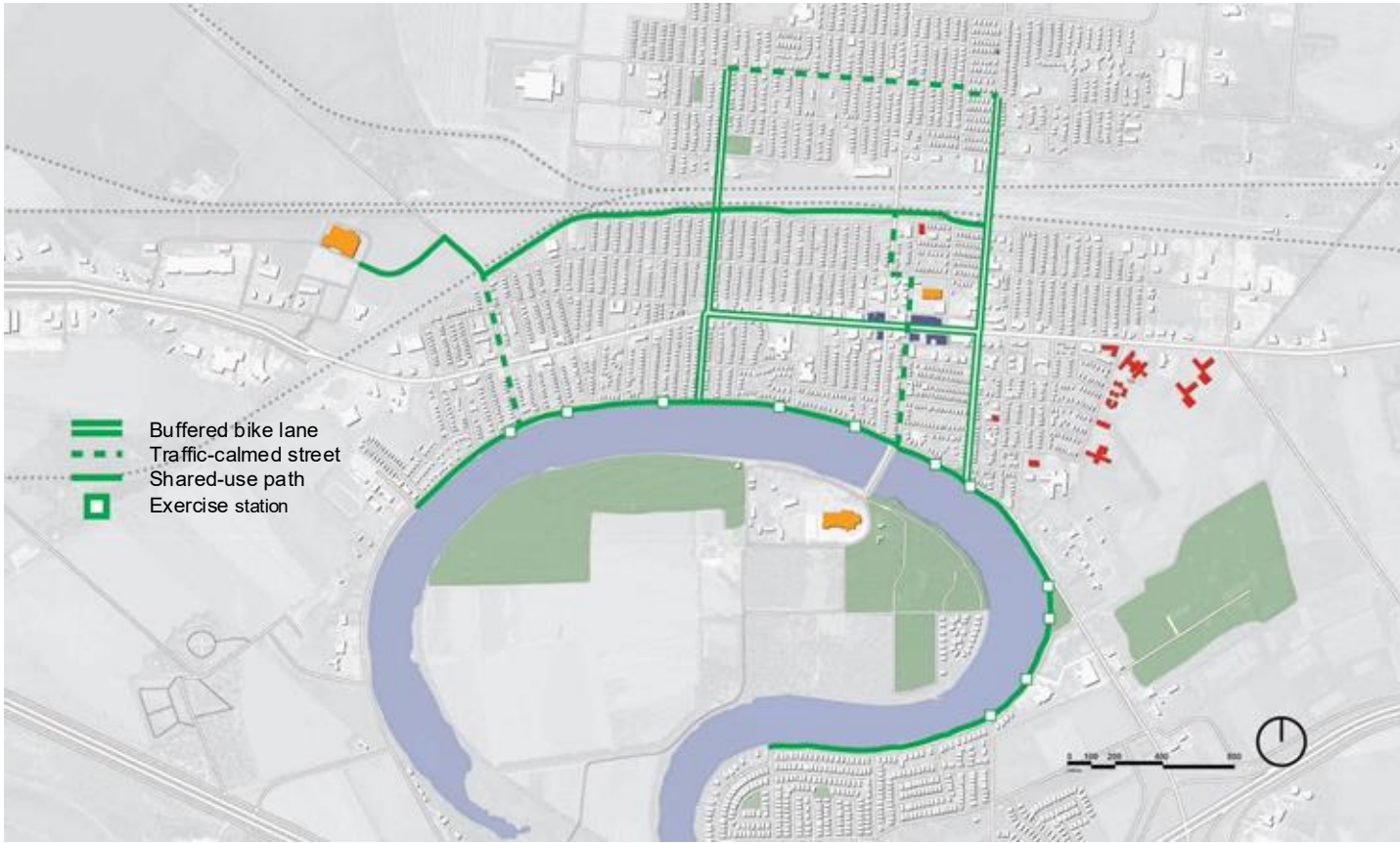


Streetscaping: Long-term

- Multi-modal Island Park Bridge
- Public Toilet Facilities



Areas of Focus: Active Transportation



Areas of Focus: Active Transportation

- Traffic calmed streets
- Buffered bike lanes



Areas of Focus: Active Transportation

- Enhanced pedestrian crosswalks
- Exercise stations
- Shared use paths



Areas of Focus: Heritage Square



Heritage Square: Short-term



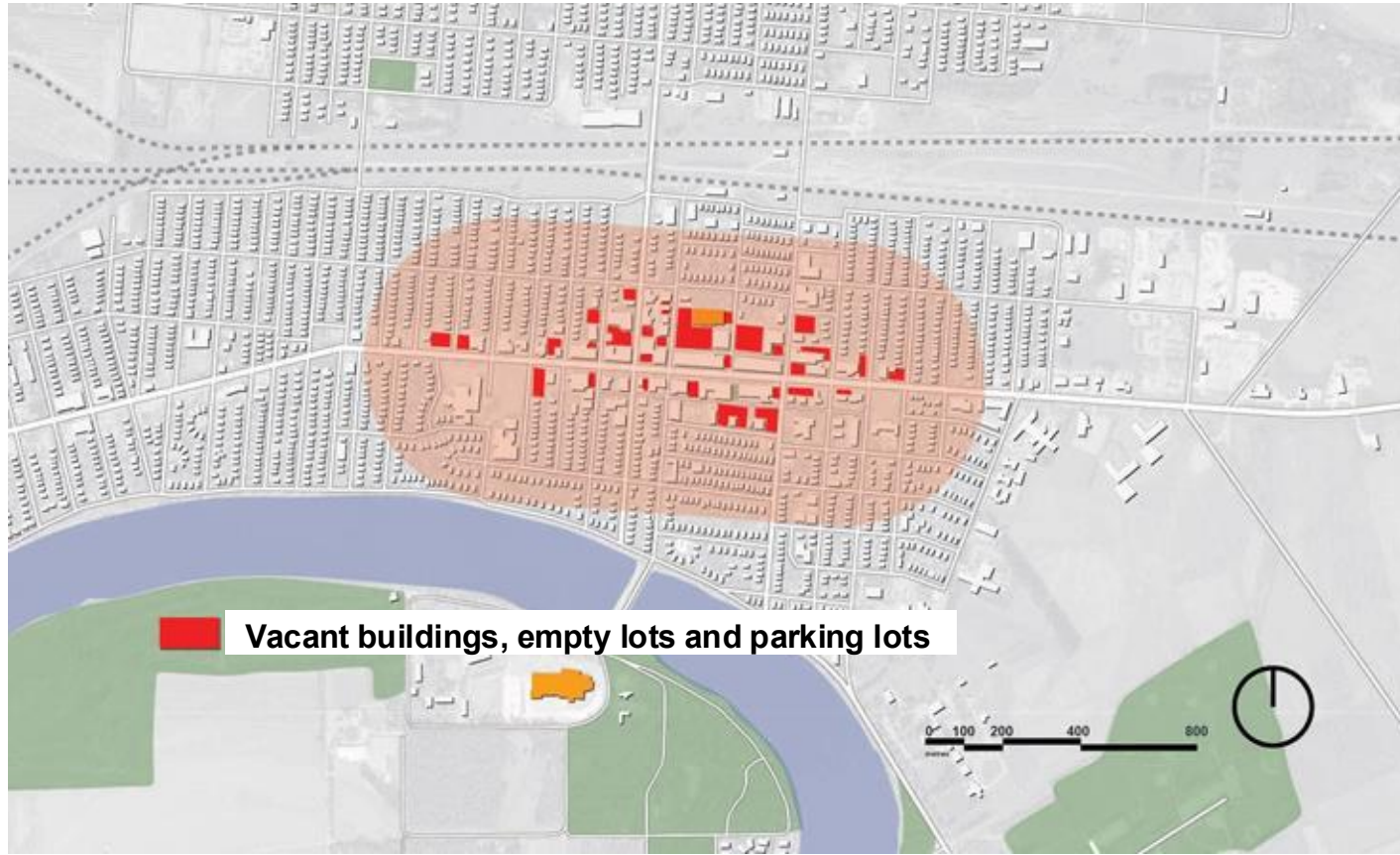
Heritage Square: Existing



Heritage Square: Long-term Development



Areas of Focus: Housing



Areas of Focus: Housing

- Housing infill along Saskatchewan Avenue and Royal Road
- Higher concentration in the downtown core
- Co-housing and co-op housing initiatives
- Increase stock of rental units
- Age-friendly home modifications



Conclusions



Acknowledgements

Hayley Parson and the Herman Prior Centre

Monica Geisbrecht, HTFC Planning & Design

Jean-Marc Nadeau, City of Portage la Prairie

Thank you!